

Masters Swimming WA

Minutes

Council of Clubs Meeting

Wednesday 4th September 2024 at 6:00pm

1. Introduction

1.1 Accreditation of delegates/apologies

Board

President Siobhan Tyndall

Director of Technical Lynne Duncan (Maida Vale proxy)

Director of Open Water
Director of Finance
Director
Direc

State Officers

Pool Meet Coordinator Sue Pow

State Recorder Richard Johnson

Club Delegate Armadale Rowena Burch **Beatty Park** Heather Whitehead Belmont **Brendan Fawell Bold Park Lucy Stuart** Busselton Richard George Alison Farmer Claremont Emma Smith Cockburn Inglewood Domenic Crouch Maida Vale Lynne Duncan Melville Rhonda Maloney Perth City Swim Perry Molendijk

Richard Gorzkos

Debbie Hart (observer)

Graeme Pow

Somerset Stephen Cooper
Superfins Robert Beckett
Westcoast Jeff Ernst

Guest

Riverton

Rockingham

Elena Nesci, Paul Litwin

Apologies:

Richard Hughes - Director Pool Competitions

1.2 Confirmation of Minutes - Council of Clubs Meeting 29 May 2024

Moved: Robert Beckett - Superfins

Seconded: Lynne Darby – Maida Vale

1.3 Business arising from Minutes

NIL

1.4 Board & Committee reports

- The Board has welcomed Jay Prchal to the board to fill a casual vacancy after the position was not filled at last AGM. Casual vacancies are filled by the Board until the next AGM.
- Siobhan Tyndall reported that no MSWA representative will be attending the upcoming MSA
 presidents meeting in Melbourne due to concerns over the associated costs involved in flying a
 representative over. MSWA has questioned if this is the best use of member funds and instead
 proposed that a representative could attend via online format.

2 Items for Discussion

2.1 Coaching accreditation outline – MSA coaching committee representative to provide reminder of the coach accreditation process and opportunity for clubs to provide feedback through to MSA

Elena Nesci from the MSWA and MSA coaching committee provided an overview to remind clubs of the coaching accreditation process and national requirements. The presentation will be sent with minutes to clubs.

Action: Clubs and coaches can contact Kim Tyler the MSWA volunteer coach educator via Coach.education@mswa.asn.au for support or questions on coaching requirements and accreditation.

2.2 MSWA/ funding, grant requirements and Mental health initiatives.

Rhys King (RK) reminded clubs of previous discussions around funding from Healthway which is a critical aspect in resourcing MSWA staffing.

Healthway and Act, Belong Commit have changed priority groups as part of their strategic plan with the majority of MSWA's population not representative of these priority groups.

Therefore, for MSWA to continue to receive this critical funding, some social initiatives are required to be incorporated amongst core business and regular swimming activities. MSWA have proposed some mental health initiatives to help achieve this which has been informally well received by Healthway.

Clubs will need to support initiatives such as the Mental Health Champion EOI if we are to receive future funding. So far, little response has been received from clubs in response to the EOI that went out earlier in the year.

RK highlighted that this may have been an issue with the messaging that was sent out. Future messaging will outline what we are looking for and be less intimidating.

Action: MSWA will send more information and an invite for anyone interested in mental health to attend an online information session about mental health to propose the Mental Health Champion network and receive any member feedback. Clubs are asked to promote this when available and identify or encourage members who may have an interest in mental health and wellbeing initiatives.

2.3 Let's Swim Together / Swim for life update for November initiative for clubs. Opportunity for member participation and club prizes.

RK introduced Paul Litwin the CEO of Mens Talk (a mental health charity) and proposed an updated format of "Lets Swim Together" which will occur in November. Additionally, clubs will have the opportunity to participate in a Masters Swim for Life Month collaborating with Mens Talk. This represents an opportunity for MSWA to add mental health messages (helping to meet Healthway requirements) and provide opportunities for clubs to promote club activities.

PowerPoint presentation is provided as part of the minutes however highlights were that the Swim for Life Month will be a virtual challenge that:

- Partners with Men's Talk to fundraise for men's mental health initiatives.
- Clubs and members can opt in to participate in the virtual challenge by registering on the platform via a club code that will be generated.
- Participants then log their swimming distance, and donation received.
- No cost for entry or obligation on swimmers to raise funds.
- Live ladder will display the top 10 clubs and 10 participants for distance swam and donations raised.

Club prizes provided by Men's Talk will be:

- The Club with highest distance swam in the month \$500
- The Club that has raised the most money in the month \$500
- The Club based on its size (average membership) and highest distance swum \$500
- The Club based on its size (average membership) and most money raised \$500
- MSWA to provide spot prizes for individuals.

Action: MSWA to send more information to clubs that can be sent to members. Clubs to indicate to MSWA by the end of September if the club will participate in the virtual challenge so that club codes can be generated. A minimum of 10 clubs participating will be necessary for the \$2000 worth of club prizes to be provided by Mens Talk.

2 Items for Information

3.1 Office update

MSWA Hack and dropbox scam

The <u>executiveofficer@mswa.asn.au</u> email was hacked on Monday the 2nd of September. Emails from the Executive Officer account was sent to many people stating that the EO was trying to share a dropbox folder with them.

If anyone logged into the fake dropbox link they are encouraged to change their password as a precaution.

It was noted that MSWA will not send dropbox links without liaising prior.

Staff Update

 Our new Communications and Events Coordinator started Monday the 2nd of September. Lisa Comito joins MSWA coming from a strong events and sports management background. Lisa will be taking over the <u>communications@mswa.asn.au</u> email.

Awards Night

• The MSWA awards has been scheduled for Wednesday night the 27th of November at Mens Talk space next to Scarborough Surf Life Saving Club. details and invites will be sent out by the office. Clubs will receive a free ticket with additional tickets available for purchase. The event will include a presentation from Jay Prchal on preparing for big swim events and talking about his recent experience supporting swimmers to swim around Maui. This will be followed by award presentations and drinks and nibbles.

Bronze medallion paddles wanted

 MSWA are desperately seeking volunteer paddlers with a current bronze medallion qualification to help with the Lake Swim on the 10th of November. If you know of anyone who may be available or lifesaving contacts, please inform RK via executiveofficer@mswa.asn.au

3 Items of General Business

3.2 Any Other Business

Country Correspondence Carnival – Busselton

It was discussed that the Country Correspondence Carnival has dropped off in the last few years and Busselton and MSWA are keen to revitalise this event. With no other country clubs present MSWA will reach out and facilitate a country club meeting to explore alternative formats and find ways of supporting country clubs. Any metro clubs with input or interest in this space are encouraged to reach out to Rhys King

Trophies – Claremont

It was raised that many club trophies may be unnecessary given that many clubs don't have club rooms or storage. It was suggested that from a practical, environmental and cost perspective it may make more sense to move to perpetual trophies that can stay in the office, or a club can hold onto for 1 year before returning. This is likely to have a higher upfront cost but would be cheaper in the long term.

This was taken as accepted however clubs with any objections to this to reach out to Rhys King.

MSWA website - Riverton

A question was raised around the MSWA website not displaying relay information for pool meets and not being able to access this through the MSA page. It was noted from the floor that it was possible to find the information on the MSA page however can be a bit difficult. MSWA will explore if a help sheet can be created and shared so that clubs can access meet results. If not possible, MSWA will explore the practicalities of putting the information on the MSWA website.

Meeting Closed at 7:20pm

4 Next Meeting

The next Council of Clubs: TBC in November